



SOUTHWESTERN NURSING & REHABILITATION CENTER

RESPIRE CARE

Comfort for your loved one. Support for you.

Caring for a loved one is a labor of love, and every caregiver deserves a break. At Southwestern, we recognize the dedication and effort caregivers put into supporting their families. Our respite care gives you the time you need to rest and recharge, while your loved one receives quality care in a comfortable, nurturing environment.

EVERY STAY INCLUDES

RESPIRE SERVICES

- Short term stays ranging from a few days to several weeks
- Assistance with daily activities, including bathing, dressing, and medication management
- Skilled nursing care provided by licensed professionals
- Nutritious meals and snacks prepared by our dietary team
- Housekeeping and laundry services
- Access to physical, occupational, and speech therapy
- Coordination of medical appointments and transportation arrangements

PEACE OF MIND

WHY FAMILIES TRUST US

Expert Care Team

Compassionate professionals experienced in personalized care for various medical needs.

Communication and Updates

Families receive regular updates on their loved one's progress and care.

Individualized Care Plans

Customized plans tailored to each resident's unique needs and preferences.

24/7 Support

Our team is available around the clock for assistance and medical care.

GETTING STARTED

HOW TO ARRANGE RESPIRE CARE

1 Contact us

Inquire about availability and discuss your loved one's care needs.

2 Tour the facility

See our amenities and meet the team who will provide care.

3 Complete admission

We'll guide you through the easy process and paperwork.

4 Transition care

We work closely with you to ensure a smooth, comfortable stay.

Comfortable Accommodations and Engaging Activities: Respite residents enjoy rooms equipped with modern amenities, plus a variety of activities and social opportunities that promote physical, mental, and emotional wellbeing.

QUESTIONS OR ADMISSIONS SUPPORT

P: (412) 466-0600 F: (412) 460-6753

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